



Updates From Upham

September 25, 2009

**Sports Carnival is coming.
Let the FUN begin!!!**

Wrapping Paper Sale

Volunteers

Raffle

Cake Walk

Walk a thon

Sponsorship

Green Team

Open Circle

Girl Scouts

Mother's Forum

Pictures

Mark Your Calendar

September 25-

-Green Team Assembly (All School), 8:45

-Gift Wrap Sale Ends

-Class Dinner-Kindergarten

September 28-

No School (Yom Kippur)

September 29-

K and 1 trip to Honey Pot (apple picking)

September 30-

Walk-A-Thon

October 3-

Sports Carnival

**For Your Planning Purposes- Here are the
2009-2010 MCAS dates.**

March 22nd-April 9th

Grades 3, 4 and 5 ELA

May 11-27th

Grades 3, 4 and 5- Math and Science/Technology

Wrapping Paper Sale

Let's Wrap it Up!!!

Innisbrook orders are due TODAY, Friday, September 25th
Our school needs your help. We earn 50% profit!
We are using "green" technology this year to enter orders. It's so EZ!
Go to www.innisbrook.com or [click here](#)

Our school code is 118890.

If the website is busy, or you have problems entering your order online, call Innisbrook Customer Service at 1-877-525-5608. They will take your order over the phone.

If you are writing a check, please make payable to the Upham PTO.

Questions? contact Lisbeth Burns
by [clicking here](#)

Don't Be Sidelined - Join The Team - Feel The Spirit!
Upham's Sports Carnival is Only a Week Away.....

Have you signed-up yet? We still need many more volunteers.

It's easy; just follow the instructions below. We need EVERY Upham family to participate.

Can't make the Carnival?... then sign-up for the Walkathon. Lots of spots still available.

Busy with sports and other activities?... then sign-up your spouse and MS/ HS children

Don't Delay - Sign-up TODAY!

INSTRUCTIONS

1. Go to <http://www.mysignup.com> or [click here](#)
2. Disregard the Login box and scroll half way down the page to the small grey "searching for a signup?" box on the left
3. Enter this email: sportscarnival2009@gmail.com and click "submit"

4. Click on the blue "sportscarnival2009"

5. Enter our passcode: sportscarnival

6. Read the instructions to select where and when you would like to volunteer.

Thank you in advance for your support. We can't do it without YOU.
Don't Delay - Sign-up TODAY!

Any questions please contact our Sports Carnival Volunteer Coordinators:
Kate Sample by [clicking here](#) or Gina Francis by [clicking here](#)

Sports Raffle

The Raffle for Sports Carnival is already underway! Flyers were sent home last week for your chance to purchase tickets to win fantastic prizes such as

**Tour of Fenway Park for four
Tickets to a Red Sox/Yankees game for four
Tickets to a Boston Red Sox game for four
Tickets to a Boston Celtics basketball game
American Girl Doll with sports outfit, etc.
Trek bike from Landrys Bicycles
Sports Party for 16 at Boston Sports Club
Free 3-month membership to Beacon Hill Athletic Club
Sports Duffle Bag and \$100 Gift card from Thunder Sports Shop**

Tickets are \$5/each or 5 for \$20 or 25 for \$100!

The drawing for prizes will be held on Saturday, October 3, 2009 at the 2nd Annual Upham Sports Carnival. (Need not be present to win)

Please print, complete form and return to Sherri Athanasia or Jill Stewart c/o Upham Main Office.

You can find the form by [clicking here](#)

Cake Walk

We have 100 more cake boxes to fill. YES 100!!!!

We need more fabulous cakes for this year's Sports Carnival Cake Walk. We need single layer, 8 or 9 inch cakes decorated with a sports theme to be dropped off on Friday, October 2nd.

Please email Alison Monaghan by [clicking here](#) and let her know how many cakes you will be baking.

Thanks

Walk a Thon

Did you know that **50%** of the money made from Walk-a-thon will go directly toward **Smartboard Technology**? What a great way to make a difference at Upham!!!!

Kick off the Sports Carnival with Upham's first annual Walk-a-thon.
Wednesday, September 30th!
Get all your pledges in!!!

1:00pm - 1:30pm Kindergarten through 2nd Grade*

1:45pm - 2:15pm 3rd Grade through 5th Grade*

More details [click here](#) or pledge sheets [click here](#)

Sponsorship Program

THANK YOU to all of those who have already participated in this new and exciting program. However it is not too late to lend your support. If you've misplaced your form, just [click here](#) for another copy.

Thanks for your consideration.

Green Team

The Green Team is Off and Running and We Need Your Help!

As you've probably heard, reduce, re-use and recycle are major buzzwords around Upham these days. We've begun a more aggressive recycling program throughout the school as well as at school-related events. We've got a lot planned for Upham students including:

Our **kickoff assembly** on Friday, September 25th. Come and hear what your children are learning about caring for our planet.

WE NEED YOUR CHILD'S HELP designing a **"green team" logo**. It can say anything, but should have Upham in it somewhere. The deadline for designs is Tuesday, October 13th.

First **"Trash Free Lunch Day"** will be Friday, October 16th. Please pack lunches entirely in re-usable containers! Don't have any? Please contact Jessica Stanton at jess-mike @comcast.net. The Green Team has contracted with greenschools to sell re-usable items as an Upham fundraiser.

Our first of many **"Walk Your Child to School Days"** will be October 7th. Get some exercise AND do something wonderful for our planet. Date coming soon!

Stop by outside the office and see our wonderful "green" bulletin board, designed by Alexis Swan.

Open Circle Curriculum Parent Group

Thursday, October 8 - November 5

9:00-10:30 a.m.

Upham School Music Room

The Parent Group is designed for parents and caregivers whose children are participating in Open Circle in their classrooms. The program will familiarize parents with the skills their children are learning and practicing in the classroom so that they can support the use of these skills at home and adapt and extend them into techniques for effective parenting.

The Parent Group will comprise five weekly meetings, each 90 minutes long. During these meetings, parents will learn about the following skills and learn effective ways to implement these skills at home:

- * good listening
- * giving and receiving compliments
- * positive self-talk
- * "double-d" behaviors
- * calming down
- * mutual problem solving

Please reserve these dates and come join us!

Parent Group Meeting Dates: 10/8, 10/15, 10/22, 10/29, 11/5

Groups will be limited to 15 people.

Please RSVP by [clicking here](#) and printing the form, emailing Nancy by [clicking here](#), or calling ext. 720

Nancy Harrison

Girl Scouts-

Sign-Up Event

September 29th at 7pm
Wellesley Community Center
219 Washington St.

Wellseley Mother's Forum Carnival

Saturday, September 26th
10am - NOON
Wellesley Town Green

For more information [click here](#)

Need A Smile?

Enjoy the ice cream social fun all over again by visiting the publicity committee's photos of the event. [Photos](#)

[Lunch Menu](#)

[Wellesley Public School Website](#)